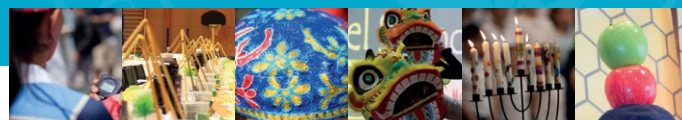




Carmel Elementary School Newsletter

Carmel Link

Edition 7
5 October 2018 | 26 Tishrei 5779



Parasha Bereishit

Candle Lighting: 5:50pm

Shabbat Ends: 6:40pm

Security Patrol

Monday 8 October

Mr. & Mrs. Green

Tuesday 9 October

Mr. & Mrs. Greenbaum

Wednesday 10 October

Mr. & Mrs. Guitelmann

Thursday 11 October

Mr. & Mrs. Harel

Fri 12 October

Mr. & Mrs. Golovsky

Happy Birthday to...

Henry Amos-Marks

Kalanit Cabrera

Ayala Domnitz

Mazal Tov to

Eden and Noam Hazut and to the Hazut Family on the arrival of their baby brother Niv Yonathan.

Date	Event	Reminder
Wednesday 17 Oct	Public Holiday	No School
Tuesday 23 Oct	Vision Screening	Please sign up via form at the back of the Carmel Link
Thursday 8 Nov	Parent Teacher Conference I	Please complete online form. Form will be sent out next week.
Thursday 22 Nov	Parent Teacher Conference II	

Friday
12 October

Grade 2 and 3 are wrapping up their Unit of Inquiry on 'Heroes'...

All students are invited to
DRESS AS YOUR HERO DAY

Students are encouraged to bring \$20 for Tzedakah

Art is a universal language. Come and learn more about the current Unit of Inquiry at

ART TALKS
A Unit of Inquiry Showcase

When? Thursday 18 October • 8:10-8:50am
Where? Grade 4 and 5 Classrooms, Shau Kei Wan campus



Grade 4-5 Art Walk!

Grades 4 and 5 are currently working on a unit of inquiry on how art is a form of communication, so we took a walk through Soho to look at street art. We discussed the differences between street art and graffiti. We also discussed the messages of the different pieces of street art. We had fun trying to figure out if pieces of street art were done in the dark or commissioned. We also saw stickers of a famous street artist named Shepard Fairey. Grades 4 and 5 enjoyed looking at all the street art, but by the end of the walk, we were all very tired.

By Mia Rosenblum (Grade 4) and Clio Petrulis (Grade 5)



Organised by the Carmel PTA

Navigating American Higher Education Perspectives from the Inside

Tuesday 16 October, 7:00-8:00pm
Jewish Community Centre

Guest Speakers Elizabeth LaCouture, PhD and Jason Petrulis, PhD

Elizabeth LaCouture and Jason Petrulis are parents of a Carmel 5th grader. They moved to Hong Kong in 2017 after Elizabeth was hired to launch the Gender Studies Programme at the University of Hong Kong. Between the two of them they have studied and taught at Columbia University, Harvard University, Barnard College, Colby College, Colgate University, Oberlin College, Bowdoin College, University of Illinois, Cal Poly Pomona, and the University of Hong Kong.

Parents and students are invited to join us and learn about US higher education from two American professors who have studied and worked in a variety of academic institutions. Whether you are an Elsa student adding the finishing touches to your Common Application, an Elsa parent who is interested in learning about Jewish life on American campuses, or the parents of a Carmel Elementary student who knows nothing about US colleges and universities, this discussion is for you.

Limited seats. Please **RSVP** to elsahighadmin@carmel.edu.hk



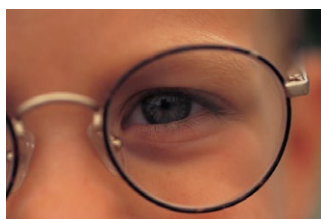
Carmel School Vision Screening Programme



From 22nd October 2018

Does your child see properly? Are you sure that your child sees equally well with both eyes?

Why is it important for my child to have regular eye examinations? Children with uncorrected visual conditions can face many barriers, academically, socially and athletically. Your child's vision is developing during the first 7 to 8 years of life. Small visual problems can interrupt this development and lead to permanently reduced vision (lazy eye, or amblyopia) if not detected during this critical time.



Amblyopia

is reduced vision, when the brain favours one eye over the other; usually due to uneven focussing or when the eyes are

misaligned. Lazy eye responds well to treatment before the age of 7, after this time the brain cells have stopped developing and can not be stimulated to improve poor vision, and the lazy eye becomes permanently impaired.

Myopia (short sight) and Hyperopia (long sight)

Those with short sight will have problems seeing distant objects, making blackboard- or whiteboard-work difficult. Excessive long sight in a child will cause near vision problems and may result in cross eyes.

Binocular Vision

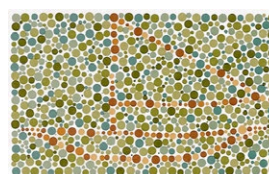
Eyes which work together well give good depth judgment, important for such diverse tasks as writing, catching a ball, pouring water into a container, stepping off the curb, judging oncoming traffic, and driving. A lack of binocular vision can cause eye strain, headaches and a reluctance for close work.

Can I borrow your car, Mum?



Colour Vision

About 8% of males and 1% of females are colour deficient, with red/green problems being the most common. Usually



hereditary, colour vision problems can not be cured but those affected can be taught to adapt, as many learning materials are colour coded.

Can you see the boat?

How do we screen vision?

It's fun! You do not have to read the alphabet to have an eye test!

Young children can match or name shapes or letters on distance and near charts. Binocular vision is assessed using following and fixating tasks with toys and lights, and 3-D charts. Colour Vision is measured using patterns of coloured dots in recognizable shapes or pictures.



Clinic:

Matilda International Hospital

41 Mount Kellett Road

The Peak, Hong Kong

Tel 2849 1500

Optometrist Suzan Salnikow, BSc MCOptom will visit Carmel School from Monday 22nd October 2018 to conduct Visual Screening Tests. Suzan is a HK based, UK trained optometrist who sees mainly children and babies in her clinics.

On average, detection rates are around 10%, usually the parents and child are unaware of any problems.

Parents will be advised of the results by letter, and where appropriate asked to contact the optometrist for further advice. Alternatively, a full examination, at extra charge can be arranged by contacting the clinics directly.

The fee per child is \$220, payable by cheque to

Suzan Salnikow.

Please return to school by

Wednesday 17th October 2018

I would like my child to receive a Visual Screening

Child's Name.....

Class.....

Has your child had any previous problem with their eyes requiring treatment, eg, spectacles, patching, exercises, operations? (Children with known visual problems, including glasses, are not suitable candidates for screening)

How is your child's general health?

Is there a family history of squint, lazy eye or colour vision problems?

Do you think your child's vision is good for both distance and close work?

Any comments/concerns for the optometrist?